

# Talking It Up ... ... In the Pub

LUCKY  
DOOR  
PRIZES

## Come along to an evening at the Local Pub

Providing men with the practical tools to take charge of their overall health and well-being

## Free Dinner and Dessert

Served with a side order of informative and motivational presentations...

*Dealing with Life Stresses* and *Getting Back on Track*

from 6.00 pm - 9.00 pm

Wednesday, 3<sup>rd</sup> October 2012

at the Lakes Creek Hotel, 431 Lakes Creek Road, Koongal

Wednesday, 10<sup>th</sup> October 2012

at the Capricornia Golf Club, 131 Richardson Road, Park Avenue

Wednesday, 17<sup>th</sup> October 2012

at the Allenstown Hotel, 8 Upper Dawson Road, Allenstown

'Pit Stop' health checks will be available from 5.00 pm

To book, phone Ozcare on

**13 OZCARE (13 692 273)**

*Please RSVP by 1 week prior to event*

**WOMEN WELCOME**



We get up again



Although funding for Talking it up in the Pub has been provided by both the Australian and Queensland Governments, the material contained herein does not necessarily represent the views or policies of either Government.