

**LUCKY
DOOR
PRIZES**

Talking It Up . . .

Come along to an evening out on us

Learn more about men's health and get equipped with practical tools to help you take charge of your health and well-being

Enjoy free dinner and dessert

Served with a side order of informative and motivational presentations:

Dealing with Life Stresses

Getting Back on Track

from 6pm - 9pm

'Pit Stop' health checks will be available from 5pm

Wednesday 20 March 2013

at the **Fitzroy Motorboat Club**, 375 Quay Street, Rockhampton

Catered by Dunlop Catering

RSVP by 15 March 2013

Thursday 18 April 2013

at the **Leichardt Hotel**, 52 Morgan Street, Mt Morgan

RSVP by 12 April 2013

Wednesday 22 May 2013

at the **Gracemere Community Hall**, Barry Street, Gracemere

Alcohol Free Event - Catered by Dunlop Catering

RSVP by 17 May 2013

RSVP to Ozcare on 07 4937 4249

Women are welcome



We get up again



Although funding for Talking It Up... Men's Health has been provided by both the Australian and Queensland Governments, the material contained herein does not necessarily represent the views or policies of either Government.