

**1-2-3 MAGIC AND EMOTION COACHING**

Three 2 Hrs Sessions

***A program for parents and carers to help manage difficult behavior in children 2—12 years old***

Live

….today

Live

….today

***Topics covered include:***

* How to discipline without arguing, yelling or smacking
* How to sort behaviour
* How to handle challenging and testing behaviours
* Choosing your strategy, the “three choices”
* Using emotion coaching to encourage good behaviour

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| Where: | Rockhampton |
| When: | **Wed 20 Nov 9.30am-12.00**  **Wed 27 Nov 9.30am-12.00**  **Wed 4 Dec 9.30am-12.00** |
| Venue: | **Centacare- Rockhampton**  **10 Bolsover Street** |
| RSVP: | **10 Nov** |
| Cost of book: | **$15.00** |

Live

….today

Live

….today

Live

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#### Location: Catholic Parish Hall

#### 38 Herbert St

#### Gladstone QLD 4680

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*Please note no one is refused a service based on inability to pay*

**To register for any of the above programs**

complete registration form and email to

[registrations@centacare.net](mailto:registrations@centacare.net)

or **Phone 1300 523 985**