

254 Eldon Street  
Rockhampton Qld 4701  
(07) 49 286 550  
info@umbrellanetwork.org



Newsletter October 2013





## Check out our Events Calendar [www.theumbrellanetwork.org](http://www.theumbrellanetwork.org)



Thanks for your amazing donation, showing us your cars and your support at Walk with Me. Adults and kids loved the vehicles.



The Umbrella Network loved being part of the Dick Smith Walk with Me Campaign for 2013 with approx. 70 people turning up to walk and get behind the families who are touched on a daily basis with special needs. With Thanks to our sponsors for being part of the day, The University for allowing us to use the wonderful Ian Coombe Oval area, and special mention to the Vice Chancellor who took time out of his fathers day to call in. We look forward to setting the date for 2014. Everyone enjoyed the walk, even the run, sporting events, jumping castle, sweets, hot rods, balloon, puppet show, iceblocks, sausage sizzle, lucky door prizes. All Supporters and Volunteers—Thankyou



### My Dad and Me Project Focused Playgroup



**JOIN US**

## CARERS WEEK 13-19 OCT 2013

**You are invited to an Information Expo**



**Come and see what Services and Supports there are to assist families who may be caring for a frail aged or family member with a disability. Everyone welcome.....**



**WHEN:** Monday 14<sup>th</sup> October 2013  
**WHERE:** PCYC – Stapleton Park, Rockhampton  
**TIME:** 10.00am – 1.00pm  
**INCLUDED:** Tea, Coffee & Nibbles  
**COST:** FREE



**Carers Queensland Inc. 1/83 West St. Rockhampton**  
**Ph: 4921 4486 or Email: [nshultz@carersqld.asn.au](mailto:nshultz@carersqld.asn.au)**

Supported by  

 Carers Queensland gratefully appreciates the funding support from the Queensland State Government to assist with regional event activities during Carers Week 2013.



Carers Queensland Inc. ABN 30 061 357 735

**positive partnerships**  
Supporting school age students on the autism spectrum

**FREE two day workshop and information sessions for PARENTS/CARERS of school age students on the autism spectrum**

**Workshop: 2013QLDPC8      Location: Rockhampton**  
**\*\*\* SAVE THE DATE \*\*\***  
**Tuesday 19 & Wednesday 20 November 2013**

The Positive Partnerships Initiatives have been developed and delivered by Partnerships between Education and the Autism Community (PEAC) and funded by the Australian Government Department of Education, Employment and Workplace Relations through the Helping Children with Autism package.

**What will you learn?**  
 As a result of participating in the workshops and information sessions as parents/carers you will gain:

- a greater understanding of the impact of autism on your child, both at school and at home
- knowledge about how to develop effective parent, school and teacher partnerships
- specific strategies on how to:
  - advocate for your child
  - support your child's participation at school
  - develop an awareness of ongoing learning needs
- information about your local school system's processes
- opportunities to network and share strategies with other parents/carers and key community members
- opportunities for discussion around a range of topics relevant to students with an ASD and their families

Some key community representatives that support families living with autism will be identified and invited to participate in the workshop with a view to supporting a community focus beyond the workshop.


**Workshop details**  
**Venue:** To be confirmed


**When:** **Two day workshop – Tuesday 19 & Wednesday 20 November 2013**  
 Day 1: 9.00 a.m - 4.30 p.m (Registration from 8.15am)  
 Day 2: 9.00 a.m – 3.30 p.m


Registration for this workshop will open 6 weeks before the workshop and close 2 days prior.

Please visit the website to register [www.positivepartnerships.com.au](http://www.positivepartnerships.com.au).

For more information please contact the Positive Partnerships workshop Info Line number: 1300 881 971

 Australian Government  
 Department of Education, Employment and Workplace Relations

  
Partnerships between Education and the Autism Community  
 Autism Spectrum Australia (Aspect)  
 Autism Spectrum Australia (Aspect)  
 Autism Queensland  
 Brisbane University of Education  
 www.positivepartnerships.com.au



## Women International Support & Engagement

*Rockhampton Women of the World*

You are Invited to come and enjoy with us an  
*African Themed Dance and Drums Morning Tea.*

Come along and join in the culture exchange, games, sharing, we will all have fun and make new friends!

Saturday 19<sup>th</sup> October 2013 10AM- 1PM

Rockhampton Botanic Gardens (Entrance off Anna Street The Range)

Put on your dancing shoes it's an African Dance and Drums Theme

Bring a picnic Basket with some Snacks, Drinks to Share and a blanket/chair to sit on. Children are welcome to attend.





## Play Connect at The Umbrella Network

254 Eldon Street, Rockhampton Qld 4701  
 Debbie Cowley Ph: 0439 745 080 or 49 286 550

Play Connect playgroups are specifically for children with Autism Spectrum Disorder or ASD like symptoms aged 0-6 years, siblings are also welcome. So come along and let your children make new friends and learn new skills through fun and play.

Tuesdays 9.30 to 11.30



**FRIENDSHIP**

LEARNING FUN SKILLS

LAUGHTER PLAY SUPPORT GAMES

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# My Dad and Me



My Dad and ME  
 Project Focused Playgroup  
**Saturday Mornings 10am—12pm**  
 starting 21 September  
 Bring along a water bottle for the kids  
 Children aged 3-10yrs  
[info@umbrellanetwork.org](mailto:info@umbrellanetwork.org)  
 49286 550



# CLOTHES SWAP



Donate your clothes  
 Drop off at Umbrella  
 Or Ring  
 Bec—0407253177  
 Deb —0439745080



**Saturday 12 October**  
 6.30pm—late  
 \$5 entry fee + \$1 per item  
 Nibbles + Wine provided  
 BYO Drinks—BYO Friend—BYO laughter  
 The Umbrella Network  
 254 Eldon Street—Rockhampton



# FunFlight

Giving children touched by adversity the flight of their life



National FunFlight Day is  
 Sunday 10th November 2013  
 9am - 1pm.



The Umbrella Network Rockhampton is the Beneficiaries this year.

FunFlight is a not-for-profit volunteer organisation that offers children and teenagers touched by adversity or a life changing illness, a day of aviation related entertainment together with their families.

RSVP—[info@umbrellanetwork.org](mailto:info@umbrellanetwork.org)  
 or call 49286550 for confirmation

Must be a member of The Umbrella Network to attend.



Volunteers Required to help out at October fest in Emu Park to support The Umbrella Network to help set up fences on Friday 26th and take down Sunday 28th of October along with clearing recycling, and picking up rubbish/cans around grounds.— please email or phone to advise your support 49 286 550 .

# What's on at The Umbrella Network—October 2013



[www.theumbrellanetwork.org](http://www.theumbrellanetwork.org)

Check out the website Calendar for Upcoming Events for



The Umbrella Network

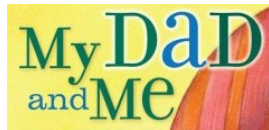
Updated Regularly with Community Information, Courses, Workshops, Events and Activities

**My Dad and ME Playgroup** starting soon at The Umbrella Network - Project Focused, interaction with the kids. **Saturday Mornings 10am—12pm** – Register your interest at [info@umbrellanetwork.org](mailto:info@umbrellanetwork.org)

Dates:

19 October

2 November



## Baby Bridges—Wednesday's

Early intervention Program for children aged 0-5yrs and their parents. Build informal supports, specialised support, social and emotional development, therapeutic interventions, therapists,. Starting 9 October

Contact Emma Oakley 1300523985  
Centacare Rockhampton



## Girls Group & NEW

### Boys Group

girls and boys (separate groups) aged 6-12yrs with special needs run in conjunction with Family Planning Qld

Facilitated by Family Planning Qld

Girls Group— and BOYS Group

3.30-pm—5.00pm

Wednesday 9 October



## Heartkids Support Group - Bi Monthly Saturdays 10am

to support other families with Heartkids  
Rebecca 0402736766



Saturday 12 October at 10am

## Carer's Week

Meet and Greet Night for Parents who are Carer's giving you time to meet others and learn some new things.

Carer's Week Activities

Monday 14th October at PCYC—10am

Wednesday 16th October—Lunch at Frenchville Sports Club—12pm

Contact Carer's Qld  
49214486



## Epilepsy Support Group

New Group—all ages welcome  
contact Sally 0403426622

Meet like minded families who are effected by the effect Epilepsy has on our families in everyday situations. Share your stories, concerns and information with each other..

Wednesday October 16 — 5.30pm

