

Community Capacity Building Program



Parenting in Today's World

Keeping you and your computer cyber safe

In today's world security of your personal information is essential. This session will show you how to reduce the risk of "identity theft" and malicious damage to yourself, your family and your computer.

Date	Time	Venues
Tuesday 20 August	10am – 1pm	Technology Centre Room 2, Rockhampton Regional Library
Tuesday 27 August	10am - 1pm	Technology Centre Room 2, Rockhampton Regional Library

Understanding and promoting protective behaviours in children

Parents want to keep their Children Safe, but don't always know how to deal with the different questions around sexuality. This session will help you to understand the stages of sexual development and provide you with strategies to support young people to grow up sexually healthy.

Date	Time	Venues
Friday 2 August	10.30am - 12.30pm	Room A Community Development Centre Yeppoon
Monday 12 August	10am -12pm	Fitzroy Room Rockhampton Regional Library
Wednesday 23 October	6pm – 7.30 pm	Room C Community Development Centre Yeppoon
Wednesday 27 November	6pm – 7.30 pm	School of Arts Building Mount Morgan
Wednesday 4 December	6pm – 7.30 pm	Fitzroy Room Rockhampton Regional Library

Raising children's confidence and self esteem

Recognising how we perceive our own self esteem can help us to support our children to develop and improve their self esteem.

Date	Time	Venues
Thursday 3 October	10am -12pm	Fitzroy Room, Rockhampton Regional Library
Tuesday 8 October	10am –12pm	Room A Community Development Centre Yeppoon

Living with teenagers

Parent sometimes struggle to understand and live with teenagers. This session will offer practical information or better understanding and living with Teens.

Date	Time	Venues
Wednesday 2 October	6pm - 8pm	Fitzroy Room Rockhampton Regional Library
Monday 28 October	6pm - 8pm	Room C Community Development Centre Yeppoon
Wednesday 30 October	6pm - 8pm	Fitzroy Room Rockhampton Regional Library



Communities for Children is an Australian government initiative funded by the Department of Families, Housing, Community Services and Indigenous Affairs. The Smith family is the facilitating partner for communities for Children in the Rockhampton LGA.

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