

Rockhampton Women's Health Centre

Workshops, Groups & Information Sessions for Jan-March 2014

A gold coin or small donation would be appreciated for attendance.



JANUARY

M	T	W	T	F
		1 New Years Day Centre Closed	2 Centre Closed	3 Centre Closed
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27 Australia Day Public Holiday Centre Closed	28	29	31	31

FEBRUARY

M	T	W	T	F
3 Art Craft & Chat 10-12pm Sexual Assault Awareness— Rockhampton 1-3pm	4 WINGS 10am—12pm Mah-jong 1—4pm	5 Meditation 1pm—4pm	6 Tai Chi 10.30-11.30am Capricornia Dance Exchange 7.30- 9.30pm	7
10 Art Craft & Chat 10-12pm	11 Personal Strength Circle 9.30-11.30am Mah-jong 1—4pm	12 Women Over 50—10-12.30pm Meditation 1pm—4pm	13 Fake it til you Make it 9.30—11.30am Capricornia Dance Exchange 7.30- 9.30pm	14 Tai Chi 10.30-11.30am
17 Tentative—Royal Commission Train- ing Art Craft & Chat 10-12pm	18 Tentative—Royal Commission Train- ing Mah-jong 1—4pm	19 Meditation 1pm—4pm	20 Fake it til you Make it 9.30—11.30am Capricornia Dance Exchange 7.30- 9.30pm	21 Tai Chi 10.30-11.30am
24 Art Craft & Chat 10-12pm	25 Mah-jong 1—4pm	26 Women Over 50—10-12.30pm Meditation 1pm—4pm	27 Fake it til you Make it 9.30—11.30am Capricornia Dance Exchange 7.30- 9.30pm	28 Tai Chi 10.30-11.30am

MARCH

M	T	W	T	F
3 Art Craft & Chat 10-12pm Sexual Assault Awareness— Mount Morgan 1-3pm	4 WINGS 10am—12pm Mah-jong 1—4pm	5 Meditation 1pm—4pm	6 Fake it til you Make it 9.30—11.30am Capricornia Dance Exchange 7.30- 9.30pm	7 Tai Chi 10.30-11.30am
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31 Art Craft & Chat 10-12pm				

International Women's Day—Saturday 8th March

Indicates school holidays

For further information please call: (07) 4922 6585