



1-2-3 MAGIC AND EMOTION COACHING

THREE 2 HRS SESSIONS

A program for parents and carers to help manage difficult behavior in children 2—12 years old

Topics covered include:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the “three choices”
- Using emotion coaching to encourage good behaviour

Where:	Rockhampton
When:	Tues 20 May 9.30am-12.00 Tues 27 May 9.30am-12.00 Tues 3 June 9.30am-12.00
Venue:	Centacare- Rockhampton 10 Bolsover Street Rockhampton Q 4700
RSVP:	13 May 2014
Cost of Book:	\$20



Please note no one is refused a service based on inability to pay

To register for any of the above programs

complete registration form and email to

registrations@centacare.net

or Phone 1300 523 985



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