



MIFQ

mental illness
fellowship
queensland

A Member of the Mental Illness Fellowship of Australia

Australian Mental Health Recovery Consultants

Leadership and Promotion of Recovery



0417 104 488

www.amhrc.org.au

PETER BULLIMORE PRESENTS

Working through Paranoia & Making Sense of Unusual Beliefs Developing Hearing Voices Groups

NEW FOR 2014

Australian Mental Health Recovery Consultants in alliance with Mental Illness Fellowship of Queensland (MIFQ) presents Peter Bullimore and David Facer

Following the sellout of Peters last workshops we are extremely excited for the return of the 'Founder & Chair of the UK Paranoia Network' to Australia, Mr. Peter Bullimore.

Peter Bullimore is an international trainer, facilitator, is an expert by lived experience, and also co-founder of the Paranoia Network UK. He will be facilitating a very unique one-day workshop exploring the role of trauma and fear in mental wellbeing and understanding and working with voices.

David Facer is a Recovery Consultant based in Queensland. David will be supporting Peter and the development of Hearing Voices Groups.

If you're a A carer, consumer or family member, Mental Health Professional, Allied Health Work, Clinician, Counselor, Child Care Worker, Community Services or Mental Health Worker, don't miss out on this great workshop!

GLADSTONE - 11TH AUGUST 2014

Calliope Community Centre

3 Don Cameron Drive Calliope ,Gladstone .4680

One day workshops from 8:30am to 4:00pm | Refreshments and lunch provided

COST: Full registration - \$125.00

Early Bird Special - \$99.00 (Payment must be made by 8th July 2014)

***Limited spaces**

Concession card holders - \$60.00

For more information or to register email hearingvoices@amhrc.org.au

Or call 0417 104 488

http://www.eventbrite.com.au/rss/user_list_events/59796319585



MIFQ

mental illness
fellowship
queensland

A Member of the Mental Illness Fellowship of Australia



About Peter Bullimore

Peter Bullimore, the UK chair of Sheffield's Hearing Voices Network and business manager for *Asylum*, a magazine for democratic psychiatry, is the co-founder of the Sheffield based Paranoia Network, a self-help organisation for people experiencing extreme paranoia and delusions.

Peter is a Trainer and Educator and consultant to the UK Mental Health Services. He has a lived experience of recovery from Schizophrenia. Across the UK, Peter uses his experiences with madness (diagnosed with paranoid schizophrenia) to provide frank and enlightening training.

He shares his experiences, including violence, extreme deterioration and sexual abuse, and how he worked with his voices to recover and join with the world's leading psychiatric survivor activists.

About the workshop - Working through Paranoia and Making Sense of Unusual Beliefs

Course Information

- ◆ History of Paranoia and Hearing Voices
- ◆ Understanding fear, fear potential inventory, traditional assumptions about paranoia/problems with assumptions, when does paranoia become a disorder, alternative ways to view paranoia, possible causes.
- ◆ Three stages of Paranoia & hearing voices and interventions, identifying the starting points, triggers & warning signs, making sense of and managing, unusual beliefs, working with unusual beliefs, decoding beliefs, thought interference and reading, body state information, coping Strategies/empowerment
- ◆ Personal Experiences and Recovery
- ◆ Case Studies
- ◆ Development of HV Groups
- ◆ Q & A



REGISTRATION FORM

PETER BULLIMORE PRESENTS
Working through Paranoia and Making Sense of Unusual Beliefs

GLADSTONE – 11TH AUGUST 2014

Registration: \$125.00 | Early Bird \$99.00 (RSVP by 8th July 2014) Limited spaces
\$60 Concession

Email completed Registration form/s to - hearingvoices@amhrc.org.au confirmation will be sent within 24 hours

Final Registrations close 5th August, 2014

REGISTRATION INFORMATION

Please use **BLOCK** letters and **Black** or **Blue** pen to complete this form

Title: _____ Family Name _____ First Name _____

Position: _____

Organisation: _____

Mailing Address: _____ Post Code _____

Contact Number: _____ Fax: _____ Mobile: _____

Email Address: _____

Dietary Considerations: _____

An Invoice will be sent following registration

Please tick

- Full Registration \$ 125.00 Early Bird — \$99.00**
- Non funded Carers ,Consumers and Family members - \$60**

How would you like to pay— Direct deposit Cheque Credit card (Plus Fee)

CANCELLATIONS: Cancellations should be submitted in writing to info@amhrc.org.au prior to the date of the course. Such Cancellations received will receive a refund less \$10.00 administration charge. If received 2 week sor more before the course. Cancellation made after this and not filled will be charged at 50%. Cancellations notified to info@amhrc.org.au with less than 72hrs prior to course commencement will be charged at full price. Substitute delegates may be accepted provided they meet the criteria set for the course and *amhrc* has been notified of this change.

Final Registrations close 5th August, 2014.. One (1) registration form per person.

Office Use Only: Date Received / /