Chronic Condition Self-Management Support-Introducing the questions that count



CENTRAL QUEENSLAND

Connecting health to meet local needs

Self-Management Solutions

Saturday 2nd August 2014

This workshop helps you to support your patient through :-

- Increasing your skills in Chronic Condition Self-Management Support
- Providing you the NEW CCSM Support Tools Kit, which includes:
 - o CCS Cards
 - Stage of Change Finder
 - **Decision Balance Chart**
 - **MI Starter questions**
 - o ICU Scales
 - Role of Self-efficacy
 - **SMARTEST** goal setting
 - **Action Plan Chart**





Showing you how to support your patients to increase their motivation and their level of engagement with both you and their chronic condition

Sue and Owen have:

- provided similar workshops in Qld, NSW, Victoria, Tasmania and SA
- been involved in DoHA funded projects totalling more than \$700,000 around the area of behaviour change, and falls prevention
- presented at National and international conferences in the area of
- behaviour change

For more details about Sue and Owen, please visit: www.selfmanagementsolutions.com.au

WHERE: Headspace Rockhampton 155 Alma St, Rockhampton TIME: 8:30am - 4:00pm COST: \$80 (incl. GST) per person







Sue Curtis PhD, CAHRI Owen Curtis M.Ed., FESSA

This workshop is aimed at: Care Coordinator's, Practice Nurses, Aboriginal Health Workers, Allied Health Practitioners, Hospital Liaison Officers, Pharmacists or other professionals who are working with people who are diagnosed with Chronic condition/s other than GPs.



Chronic Condition Self-Management Support-



Introducing the questions that count

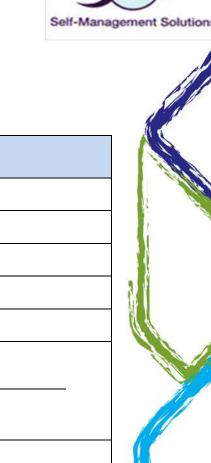
Connecting health to meet local needs

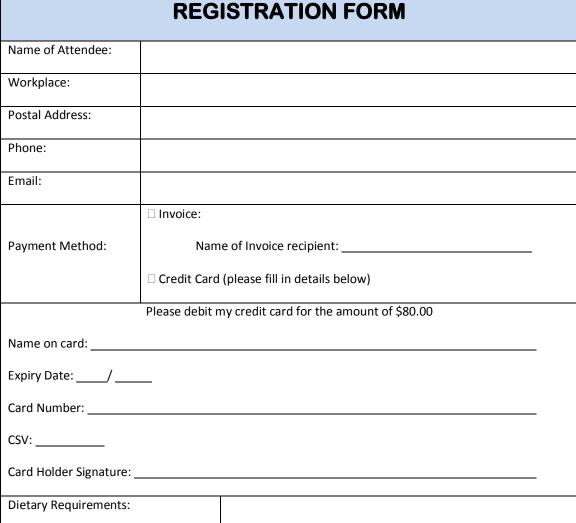
Saturday 2nd August 2014 REGISTRATION

For more information or to register please complete the form below and send to:

Stella Doyle

Email: sdoyle@cqmedicarelocal.com or Fax: 07 4927 2977





PLEASE NOTE: Payment must be paid in full prior to attending workshop

Cancellation Policy: All cancellation notices must be submitted in writing to Stella Doyle at sdoyle@cqmedicarelocal.com, notice received by CQML by Friday 1st August 2014 (inclusive) will receive a full refund of registration payment. After this date no refunds will be given.