

**1-2-3 MAGIC AND EMOTION COACHING**

Three 2 Hrs Sessions

***A program for parents and carers to help manage difficult behaviour in children 2—12 years old***

Live

….today

Live

….today

***Topics covered include:***

* How to discipline without arguing, yelling or smacking
* How to sort behaviour
* How to handle challenging and testing behaviours
* Choosing your strategy, the “three choices”
* Using emotion coaching to encourage good behaviour

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| Where: | Rockhampton |
| When: | **Thurs Aug 28 9.30am-12.00****Thurs Sept 4 9.30am-12.00****Thurs Sept 11 9.30am-12.00** |
| Venue: | **Centacare- Rockhampton****10 Bolsover Street****Rockhampton Q 4700** |
| RSVP: | **Thurs Aug 21, 2014** |
| Cost of Book: | **$20** |

Live

….today

Live

….today

Live

….today

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#### Location: Catholic Parish Hall

#### 38 Herbert St

#### Gladstone QLD 4680

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#### Course dates:

**Wednesday 20 Nov 9.30am-12.00**

**Wednesday 27 Nov 9.30am-12.00**

**Wednesday 4 Dec 9.30am-12.00**

#### Location: Catholic Parish Hall

#### 38 Herbert St

#### Gladstone QLD 4680

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#### Course dates:

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*Please note no one is refused a service based on an inability to pay*

**To register for any of the above programs**

complete registration form and email to

registrations@centacare.net

or **Phone 1300 523 985**