

GIRLS TIME OUT

Start time is generally 10.00am but please confirm session times with relevant Case Managers

OCTOBER 2014

S	M	Tuesday	Wednesday	T	Friday	S
			1 Session 1 – Smashing Perfect Parenting Course Wk 1 (Dexter/Parnell) Session 2 – Cooking with the 2Ks (GTO Crew)	2 3 Session 1 – Dance & Sing (GTO Crew) Session 2 – What's Cooking: Fave Family Recipes (GTO Crew)		
5	6	7 Session 1 – Self Reflection through Art (Little Rockers) Session 2 – Importance of Healthy Nutrition (Medicare Local)	8 Session 1 – Smashing Perfect Parenting Course Wk 2 (Dexter/Parnell) Session 2 – Centrelink 'Pop Up' Info Session (Centrelink)	9 10 Session 1 – Dance & Sing (GTO Crew) Session 2 – Centrelink 'Pop Up' Info Session (Centrelink) Hair Care Fashion Trends (Braids) (Z. Johnson)		11
12	13	14 Session 1 – Housing: Building Report (Rent Connect & Dept of Housing) Session 2 – Baking: Cakes on a budget (GTO Crew)	15 Session 1 – Smashing Perfect Parenting Course Wk 3 (Dexter/Parnell) Session 2 – Public & Private Places and Behaviours (Family Planning Qld)	16 17 Session 1 – Music & Movement: Wiggerly Woo (Little Rockers) Session 2 – Mum & Bubb Health Talk (Qld Health)		18
19	20	21 Session 1 – Housing: Keeping Informed (Capricorn Support Services - Anglicare) Session 2 – Keeping your Minds Healthy (Anglicare)	22 Session 1 – Smashing Perfect Parenting Course Wk 4 (Dexter/Parnell) Session 2 – Baby & You: Smoking Tobacco Info (GTO Crew)	23 24 PICNIC IN THE PARK		25
26	27	28 Session 1 – The Fly Lady: How to DEclutter (Little Rockers) Session 2 – Self Reflection through Art (Little Rockers)	29 Session 1 – Smashing Perfect Parenting Course Wk 5 (Dexter/Parnell) Session 2 – Baby Care Info Session (Qld Health)	30 31 Session 1 – Music & Movement: Wiggerly Woo (Little Rockers) Session 2 – Craft: Doily Making (GTO Crew)		