

# Personal Safety Alarms

Personal alarms help to shock and deter an attacker and draw attention to the carrier in times of need. Used as protection, the alarm can increase an individual's feelings of confidence, independence and the personal safety they need in order to run their lives. Ideal for walkers, joggers, the elderly, disabled, night shift workers, and individuals who live alone.



**Only \$10**

**For every alarm purchased, the Women's Health Centre will donate one to an individual who otherwise may not be able to afford one.**

To purchase one, or to find out more, please contact:

**The Women's Health Centre, Rockhampton**

225 Bolsover Street

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