



Queensland Centre for Mental Health Learning

Courses
and
Resources

Queensland Centre for Mental Health Learning
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www.health.qld.gov.au/qcmhl/default.asp

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The Queensland Centre for Mental Health Learning (Learning Centre)

The Learning Centre delivers a wide range of training programs to mental health practitioners including a series of workshops and a nationally accredited course suitable for mental health clinicians and other mental health workers. These training programs provide a practical foundation in mental health knowledge and skills with an emphasis on consumer safety and mental health recovery. Other Qld Government staff and Non-Qld Government staff may attend these workshops when spaces are available.

Training calendar

Training is delivered at a number of teaching sites across the state. Our training calendar is located on our intranet and internet websites:

<http://qhps.health.qld.gov.au/qcmhl/> (website for Qld Health staff only)
www.health.qld.gov.au/qcmhl/default.asp (website for non-Qld Health staff)

Training materials and statement of attendance

A set of training materials will be provided to participants at all training courses. All participants attending Learning Centre workshops will receive certificates to acknowledge their attendance (e.g. certificate of attendance for all courses, certificate of attainment for courses with an assessment component and statement of attainment for the Course in Administrating a Mental State Examination) when assessment criteria have been met. A certificate of attendance is provided if assessment criteria is not met.

Training evaluation and feedback

The quality of our training is constantly monitored by the use of pre,post and three month follow up evaluation questionnaires completed by participants. The evaluations include assessment of the trainer, training materials and training outcomes (knowledge, skills and attitude change). The Learning Centre encourages participants to actively participate in the evaluation process as your feedback enables us to improve our training delivery.

Learning and assessment arrangements

We are committed to providing an excellent learning experience. Where possible we will provide flexible arrangements for learning and assessment. If you have any concerns regarding your learning needs or access to training, please discuss these with the Training Coordinator on 3271 8845 when registering to attend a workshop. **Please note:** Course assessment commences at approximately 3.00pm and you will be required to remain at the training venue until 5.00pm or until the assessment is fully completed.

Catering

Tea, coffee and biscuits will be provided for all breaks. Please note that you will need to either bring your own lunch or be prepared to purchase lunch at a local food outlet.

Training registration

Students can enrol by completing the online training enrolment form located on our website. To ensure a place, your registration should be submitted two weeks before the training commences.

An email confirming your enrolment will be sent to you prior to the training date. Your line manager will also be sent a copy of the confirmation email for their information. **NOTE: *Please read your confirmation email.*** It will contain information on venues and commencement times which may vary between courses. If you haven't received confirmation of your enrolment, contact the Training Coordinator on 3271 8845.

Fees

Training will be **provided free of charge** to Queensland Government staff who work closely with mental health consumers and to university students undertaking placement within public mental health services.

As the Learning Centre is an Enterprise Registered Training Organisation, fees will be charged for all individuals from other organisations at the following rates:

1/2 day training program	-	\$95.00
1 day training program	-	\$190.00
2 day training program	-	\$380.00
3 day training program	-	\$570.00

Only payment by credit card (Mastercard, American Express or Visa) will be accepted. Payment will be processed on confirmation of registration.

Cancellation and refund policy

If you are unable to attend your training program, please let us know as soon as possible to enable us to reallocate your place. Your line manager will be advised of your inability to attend or your failure to attend on the day. For non-government practitioners where there are fees, cancellations will be accepted without charge if the Learning Centre has been notified in writing at least 7 days prior to training. Cancellations within 7 days and non-attendance on a training day will be non-refundable.

Training changes

The Learning Centre endeavours to ensure workshops are conducted on scheduled dates, but reserves the right to alter dates as required. All registered participants will be notified as soon as possible of any changes or cancellations.

WORKSHOP QC2 Suicide Risk Assessment and Management

This one day workshop aims to provide mental health workers with appropriate skills and knowledge to assess and respond to individuals who are at risk of self harm or suicide. It incorporates the Guidelines for Suicide Risk Assessment and Management 2010. The workshop is suitable for both novice and experienced clinicians.

At the completion of the training workshop participants will be able to:

- define and differentiate between suicide, self harm, static and dynamic risk factors
- identify the Queensland Health guidelines for suicide
- recognise warning signs for suicide/self harm
- undertake, act upon, follow up and document a suicide risk screen
- demonstrate awareness of legislative obligations.

This workshop provides 7.5 hours of active learning.

WORKSHOP QC10 Case Management

This one day workshop discusses skills and knowledge required for effective case management of mental health consumers. It focuses on applying holistic and person-centred care within the context and requirements of public mental health. The workshop is suitable for both novice and experienced clinicians.

At the completion of the training workshop participants will be able to:

- develop an understanding of a framework and tasks involved in case management in mental health
- understand the concept of resiliency focused and recovery oriented case management
- provide interventions that are consumer oriented within the community linking to environment and social networks.

This workshop provides 7.5 hours of active learning.

WORKSHOP QC11 Provide a Brief Intervention

The aim of this one day workshop is to provide a framework for brief interventions and practical, timely, and responsive therapeutic techniques that are focused upon individual's needs and goals within mental health settings. The workshop is suitable for both novice and experienced clinicians.

At the completion of the training workshop participants will be able to:

- demonstrate an understanding of 'Brief Intervention' within a mental health setting and apply the framework provided for a brief intervention within this setting
- utilise appropriate models and therapeutic interventions (Narrative Therapy, Solution-Focused Therapy, Cognitive Behaviour Therapy and Motivational Interviewing) to facilitate change in relation to a range of presenting issues
- efficiently conceptualise a consumer's presenting issues with reference to an appropriate model of brief intervention.

This workshop provides 7.5 hours of active learning.

WORKSHOP QC3 Mental Health Educator Development

This three day program aims to improve the skills of staff who deliver mental health training and education in their work role. The program is delivered in a three day interactive workshop format. It includes topics such as needs analyses; reflective practice; learning outcome writing; training design and development; facilitation and training evaluation. Please note that this program is specifically targeted towards mental health trainers with mental health examples used throughout the workshop. The workshop is suitable for staff new to an educator role.

On completion of this workshop participants will be able to:

- devise a plan to investigate a performance problem or issue in the workplace
- use reflective practice techniques to advance your skills as an educator/trainer
- write learning outcomes that are measurable
- design a session plan, catering to different learning styles and incorporating adult learning principles
- evaluate training facilitation according to a range of accepted principles and practices
- devise a plan to evaluate a training workshop to measure learning transfer, training design and facilitation.

This workshop provides 22.5 hours of active learning.

WORKSHOP QC9 Critical Components of Risk Assessment and Management - Level 1

This one day workshop provides mental health practitioners with a six step risk assessment and management process which is applicable in the workplace. The training provides an opportunity for clinicians to apply the six step process to a range of risk domains including aggression/violence, vulnerability, suicide, self harm, absence without permission, and child safety before completing a formal assessment. The workshop is suitable for both novice and experienced clinicians.

At the completion of the training participants will be able to:

- identify a consumer's static, dynamic, protective and unknown risk factors according to six areas of risk (aggression/violence, vulnerability, suicide, self harm, absence without permission, and child safety)
- weigh up the identified risk factors and prioritise these for planning
- assign a risk rating for each risk area based on the weighing up process
- write a clinical summary that describes the risk factors, the relationship between them and further considerations affecting the risk assessment and management plans
- generate goals and strategies to mitigate the risks identified
- document strategies in a short and medium/long term management plan.

This workshop provides 7.5 hours of active learning.

Note: The assessment commences at approximately 3.00pm and you will be required to remain at the training venue until 5.00pm or until the assessment is fully completed.

WORKSHOP QC13 Capacity Assessment

This half day workshop will assist clinicians to learn about assessing capacity of the adult consumer, in relation to consent for mental health assessment and treatment and general health care. The workshop will explore the avenues that staff can take for substitute decision making if an adult has impaired decision making capacity. The workshop is suitable for both novice and experienced clinicians.

At the completion of the training participants will be able to:

- explain the relationship between capacity and informed consent
- describe the principles of capacity
- identify the process to assess and document capacity
- distinguish between matters of capacity assessed under the *Mental Health Act 2000* and matters of capacity assessed under the *Guardianship and Administration Act 2000*
- identify the decision maker for involuntary mental health assessment and treatment under the *Mental Health Act 2000*
- identify the substitute decision maker for general health matters under the *Guardianship and Administration Act 2000*.

This workshop provides 4 hours of active learning.

WORKSHOP QC8 Introduction to Supervision

This one day workshop has been designed as the foundation training for all mental health staff involved in clinical supervision (both supervisees and supervisors). The workshop addresses the expectations and processes involved in effective clinical supervision through both experiential and didactic learning.

At the completion of the training participants will be able to:

- identify features of an effective Supervisory Working Alliance
- identify the purposes of a formal clinical supervision agreement
- apply the Three Functions, 7-Eyed Process and Supervisory Working Alliance Models to clinical supervision practice
- give and receive feedback within the context of a Supervisory Working Alliance
- identify the forms of evaluation used for supervision
- identify ruptures in clinical supervision relationships
- identify key elements of the Queensland Health Clinical Supervision Guidelines for Mental Health Services.

This workshop provides 7.5 hours of active learning.

WORKSHOP QC4 Supervisor - Level 1

This two day workshop is designed for mental health practitioners who are currently providing clinical supervision (or soon to be) within a mental health service. The program is practical and promotes a collaborative process-based generic clinical supervision model. The workshop is suitable for all practitioners regardless of professional orientation, area of specialisation, and service delivery mode.

On completion of this workshop participants will be able to:

- apply skills in facilitating the Supervisory Working Alliance including specific knowledge of task, bond and goal
- apply effective strategies for facilitating and developing clear clinical supervision agreements
- apply the Proctor, 7-eyed Process and Alliance models of clinical supervision
- develop skills in using reflective practice in clinical supervision
- distinguish between summative and formative clinical supervision evaluation
- give accurate effective feedback and remain open to receiving supervisee feedback

Note: It is highly recommended that participants have some knowledge of, and experience with a mental health service, direct contact with mental health consumers, and participate in clinical supervision. It is also desirable that participants have attended the Introduction to Supervision training program delivered by the Queensland Centre for Mental Health Learning or a similar introductory clinical supervision course.

This workshop provides 15 hours of active learning.

WORKSHOP QC12 Supervising Supervisors - Level 1

This two day workshop provides a safe and challenging environment for participants to develop advanced skills in providing clinical supervision to those who are themselves professional supervisors. This workshop is experiential, mirroring the supervision process and including live supervision sessions. This program is for experienced clinical supervisors.

During the workshop the following concepts will be explored:

- the skills necessary to practice effective clinical supervision of supervisors
- the strategies for developing advanced supervisory alliances that strengthen the formative, restorative and normative functions of supervision
- engagement in reflective practice and evaluation of the supervision practice of self and others
- strategies to identify and resolve complex ethical dilemmas
- strategies to recognise and mediate transference and parallel processes
- the knowledge, skills and values developed in previous supervisor training.

Note: *Participants need to be currently supervising other supervisors to attend this workshop. The Supervising Supervisors - Level 1 workshop (QC12) has been designed to build upon the knowledge and skills offered in the Supervisor - Level 1 workshop (QC4). It is therefore a prerequisite for enrolment in QC12 that participants have attended QC4. However, if you have recently participated in a similar supervision workshop elsewhere, please contact the Queensland Centre for Mental Health Learning to discuss recognition for this prior learning.*

This workshop provides 14 hours of active learning.

WORKSHOP QC14 Mental Health Assessment

This two day workshop is designed for mental health practitioners currently working with mental health consumers. The aim of the course is to assist clinicians to provide a recovery based service that addresses the content and process of a mental health assessment including current situation, strengths, history, mental state, physical health, collateral, risk, capacity and management. The program is targeted to the new practitioner (first two years of practice) but is also a valuable refresher for practitioners who have been working for some time in a mental health facility.

On completion of this workshop participants will be able to:

- establish rapport for the purpose of conducting a mental health assessment
- use appropriate clinical questioning to obtain relevant information
- document a mental health assessment
- explain the principles of capacity
- identify, assess and manage risk issues in the context of a mental health assessment
- compile and document a summary, formulation and management plan based on the mental health assessment.

Note: The workshop includes a formal assessment that is to be completed by the participants on day 1 and day 2. The assessment commences at approximately 3pm and you will be required to remain at the training venue until 5pm or until the assessment is fully completed

This workshop provides 15 hours of active learning.

NATIONALLY ACCREDITED COURSE

30907QLD Course in Administering a Mental State Examination

This one day workshop is nationally accredited by the Australian Skills Quality Authority. The course is predominately designed for clinical staff working in mental health. At the completion of the course participants will be able to identify and document mental state symptoms using shared language and terminology according to Queensland Health specifications.

Learning is interactive and includes the use of video case vignettes to explore the nine core components of a person's mental state and level of functioning. The workshop is suitable for both novice and experienced clinicians who meet the following:

1. basic proficiency in conducting face-to-face interviews with consumers of mental health services
2. reasonable knowledge of the nature of a person's mental health problems
3. sound understanding of the procedures and processes associated with the role of a mental health clinician.

Competency based assessments will be conducted during the workshop to measure participant's knowledge acquisition and skill development.

On completion of this workshop participants will be able to:

- identify and explain the purpose of the mental state examination (MSE) within a recovery focused mental health assessment
- identify symptoms related to each of the nine core components and record these using shared language and terminology
- accurately identify and record observations of a person's presentation during an interview
- look for the interrelatedness of symptoms and observations across the 9 core components and document these accordingly
- identify recovery focused strategies to use when conducting a MSE.

Note: The assessment commences at approximately 3.00pm and you will be required to remain at the training venue until 5.00pm or until the assessment is fully completed.

This workshop provides 7.5 hours of active learning.

RESOURCES



NATIONALLY RECOGNISED
TRAINING

Training Resource Centre (TRC)

The TRC provides access for Queensland Health mental health educators and clinicians to a range of training resources. These resources can be found on the TRC Catalogue <http://qheps.health.qld.gov.au/qcmhl/trchome.htm>.

Understanding Schizophrenia

This handbook was developed in consultation with consumers, carers and clinicians. Consumers can use this resource independently or in collaboration with a health care professional with the aim of promoting a shared understanding of the consumer's experience. Copies of the handbook can be downloaded from <http://qheps.health.qld.gov.au/qcmhl/resour.htm>.

Real Lives, Real People, Real Journeys

This DVD uses stories of staff, consumers and carers to promote the concept of recovery. The DVD is designed to be used in staff orientation programs, mental health education/ training activities, recruitment activities and initial supervision sessions. This resource can be viewed on line at: <http://qheps.health.qld.gov.au/qcmhl/resour.htm> or <http://www.health.qld.gov.au/qcmhl/resour1.asp>.

Forensic Mental Health Website and Resources

This website has been designed to help the community better understand how a person with a mental illness who is charged with an offence accesses mental health treatment and how the charges may be dealt with under the *Mental Health Act 2000* (Qld). For more information on the forensic mental health website please go to www.health.qld.gov.au/forensicmentalhealth/.

ELEARNING PROGRAMS

How to access eLearning

To access all eLearning programs go directly to www.qcmhl.qld.edu.au or alternatively via the eLearning portal link on the Learning Centre eLearning webpage on QHEPS. New users are requested to complete a registration form and an email will be forwarded confirming your registration and details of how to log on. There are currently a suite of resources available from this site. If you are not currently employed by a Hospital and Health Service within the Queensland Department of Health, registration will be at the discretion of the Learning Centre.

Mental Health Act 2000 (released November 2013)

This resource is an interactive, scenario-based program that includes a formal assessment for each scenario. Clinicians seeking certification as an authorised mental health practitioner will be required to complete the 15 modules, which include activities and an assessment component which allows unlimited attempts but requires a 100 percent pass rate.

This resource has been designed to assist mental health practitioners in understanding their roles and responsibilities in the assessment, care, treatment and management of patients under the *Mental Health Act 2000*.

Under the *Mental Health Act 2000* the practitioner must be able to demonstrate that they possess the necessary expertise and experience to be appointed as an authorised mental health practitioner. This course consists of 15 modules covering the knowledge required by a clinician to be eligible for appointment.

The modules cover the important processes required for the involuntary assessment and treatment of patients, the forensic, classified and return provisions, and the protection of persons under the *Mental Health Act 2000*.

Modules:

1. Involuntary assessment and patient rights
2. Involuntary treatment
3. Limited community treatment
4. Allied person
5. Emergency examination orders
6. Justices examination orders
7. Classified patients
8. Persons charged with an offence and forensic patients
9. Moving and transfer of patients
10. Warrants to enter and search
11. Return of patients absent without permission
12. Electroconvulsive therapy
13. Seclusion
14. Mechanical restraint
15. Search of patients and their possessions

You will need to access your Statement of Completion and Certificate of Achievement in order to apply for authorisation. Steps on how to do this are included in the module.

Links to the forms required when applying for authorisation (application, transfer, renewal and cessation) are also provided within the module.

This program provides 6 hours of active learning.

Mental State Examination (MSE)

This training program was jointly developed by the Learning Centre and the New South Wales Institute of Psychiatry. It is designed to build clinicians' knowledge and skills in observing and recording information for a mental state examination. It also increases understanding of MSE terminology and provides a standardised structured format for documenting a MSE.

This program provides 6 hours of active learning.

Dual Diagnosis

Increasingly clinicians are required to provide integrated mental health and alcohol and other drugs assessment and treatment. This training program provides information, clinical vignettes and tasks to assist clinicians to more effectively meet the needs of consumers with a dual diagnosis.

This program provides 6 hours of active learning.

Capacity Assessment

Clinicians are required to assess the capacity of the consumer to consent to mental health assessment and treatment on a daily basis. This training program assists clinicians to understand the requirements for assessing capacity in relation to consent for mental health assessment and treatment and general health care.

This program provides 4 hours of active learning.

An Introduction to the use of Sensory Approaches in Mental Health Care

This training program is designed to provide an introduction to the use of sensory approaches in mental health settings. Sensory modulation has been identified as a useful tool in reducing seclusion and restraint.

On completion of this 2 hour training program you will be able to:

- understand why sensory approaches are important in mental health practice
- identify when a person may be experiencing impaired sensory processing
- know when to make a referral to an advanced sensory approaches clinician
- identify strategies that may support someone whose sensory processing difficulties are impacting on their life
- understand how the use of sensory approaches can support a mental health consumer.

This program provides 2 hours of active learning.

Employment for People with Mental Illness: Understanding the Individual Placement and Support Model

The Individual Placement and Support (IPS) Model provides a structured approach for mental health services to engage with employment consultants to provide their consumers with access to competitive employment.

Recovery literature emphasises the importance of meaning, purpose, and community connectedness to the health and wellbeing of people with a mental illness. It is recognised that employment can be a significant contributing factor in relation to recovery. Employment is one of the most effective means for creating social inclusion, dignity, fulfilment, improved mental health and quality of life.

This learning resource is designed to provide clinicians with an introduction to the IPS Model, its principles, evidence for its effectiveness and how to create an employment environment.

The content of this course was developed by Jo Sherring of The Maya Academy info@themayaacademy.com.au

On completion of this 2 hour training program you will be able to:

- reflect on the importance of employment in the recovery of people with a mental illness
- understand key principles of the Individual Placement and Support Model.
- be aware of the evidence base around employment for people with a mental illness
- understand how to create an environment which supports employment within clinical teams.

We hope this training program will benefit you, your service, and the consumers with whom you have contact. It is intended to help you to assist consumers to move towards gaining competitive employment.

This program provides 2 hours of active learning.

Cognition in mental health and the impact on day-to-day functioning

As a clinician working in mental health it is important to know about cognitive deficits as they are the most significant factor affecting a person's long term functioning. They impact on a person's recovery process and their ability to have success in work and relationships. This training program is designed to provide mental health clinicians with an introduction to the cognitive difficulties that people with a mental illness may face and identify some strategies and therapies that would be helpful.

This self-paced eLearning program is targeted to nursing, allied health (social workers, occupational therapists, psychologists) and medical staff working in mental health settings, predominately in Queensland Health. The program is suitable for both novice and experienced clinicians and takes approximately two (2) hours to complete.

On completion of this training program staff will be able to:

- understand the potential presence of cognitive difficulties in people with mental illness
- identify behaviours or clues which may indicate a person has cognitive difficulties
- develop a support plan for someone experiencing cognitive difficulties
- identify the therapies that may be used to support someone whose cognitive difficulties are impacting on their life.

This program provides 2 hours of active learning.

Cognitive behavioural therapy for psychosis awareness (CPTp Awareness)

The CBT for psychosis (CBTp) awareness program is designed as an introduction to the application of CBT for psychosis. It provides a brief review of cognitive behaviour therapy, an outline of models of psychosis, case formulation for CBTp and key foundational skills in undertaking CBT for consumers with psychosis.

As an introductory program it is aimed at clinicians with a foundational understanding of CBT and working understanding of consumers with psychosis. As such it is suitable for case managers and clinicians who wish to increase their skills and knowledge in an evidence based practice approach to assist consumers with some of the core difficulties especially around delusions and hallucinations.

Section 238 Report Training and Resource Package for Psychiatrists

This training program aims to increase psychiatrist's understanding of pertinent legal concepts including: unsoundness of mind, fitness for trial, dispute of facts, the implications of intoxication and balance of probabilities. In addition, how to apply this information to clinical cases using legal language when presenting an opinion.

Transition to Child and Youth Mental Health (CYMHS) Practice Core Skills

This resource provides an overview of the Child and Youth Mental Health Service (CYMHS) philosophy and frameworks and addresses the first phase of Core Competency development in CYMHS in the areas of assessment, formulation and treatment planning. Each unit provides introductory theory via DVD presentations with accompanying powerpoint notes and additional learning materials, including reflective exercises/clinical activities to consolidate learning.

Queensland Health Victim Support Service

This resource is designed to introduce and inform authorised mental health staff of the Queensland Health Victim Support Service (QHVSS) and the legislative provisions available to victims of mentally ill offenders under the *Mental Health Act 2000*. It outlines who is eligible to receive information and support from the QHVSS and how to refer identified victims to the QHVSS.

CIMHA 1.5.1

This resource provides information on how to use the updates to several of the existing CIMHA modules. The features and functionality in CIMHA 1.5.1 aim to ease use and improve functionality and include auto saving of draft notes, flashing icons for overdue alerts, simplified case review planning and more.

Mental Health Professional On-line Development (MHPOD)

MHPOD is an evidence-based online learning resource for people working in mental health. All modules have strong links to the National Practice Standards for the Mental Health Workforce. The resources were written and produced in Australia. Users are required to register and then log in to complete training modules.

Who is MHPOD for?

MHPOD is primarily designed for nurses, social workers, occupational therapists, psychiatrists and psychologists working in mental health in Australia. It is expected that other people, including consumer and carer advocates, and other health workers will also find it useful.

MHPOD Topics

- Acquired brain injury and sensory impairment
- Becoming an evidence based practitioner
- Biopsychosocial factors
- Building the therapeutic relationship
- Child and Adolescent Mental Health Service (CAMHS) and Youth Mental Health: Conditions and Assessments
- CAMHS and Youth Mental Health: Interventions
- Carer Advocacy
- Carer participation
- Classification of mental disorders
- Confidentiality and privacy in practice
- Consumer identity and advocacy
- Cultural awareness
- Culturally sensitive practice
- Dual diagnosis
- Dual disability
- Effective documentation in clinical files
- Effective working within the multidisciplinary mental health team
- Ethics in healthcare research
- Evidence based practice
- Formulation
- Gender issues in mental health
- Health promotion and mental health promotion
- Impact of medical conditions
- International and national mental health policy
- Legislation and mental health practice
- Mental health and mental illness across the lifespan
- Mental health care and Human Rights










- Mental health care for Indigenous Australians
- Mental health for Older Persons: Conditions and Assessments
- Mental health for Older Persons: Interventions
- Mental health for same sex attracted persons
- Mental health Histories and Mental State Examination (MSE)
- Mental health Service System; the organisation
- Mental health Services in Primary Care Environments
- Networks of care
- Outcome measures
- Parenting issues and mental health care
- Pharmacological treatments
- Prevention and early intervention
- Professional ethics
- Psychosocial interventions
- Psychosocial Interventions – Strategies for Case Managers
- Quality improvement and evidence based practice
- Recovery
- Recovery based practice
- Relapse prevention
- Risk and protective factors
- Risk assessment and management
- Service development
- Strategies for Working with People at Risk of Suicide
- Supervision and Self Care in Mental Health Services
- Supporting a Mental Health Peer Workforce
- Taking an Empowering Approach to Case Management
- The broad impact of mental illness and the need for partnership
- Transitional care planning
- Trauma and mental health
- Working with People with Borderline Personality Disorder
- Working with People with Forensic Histories or at Risk of Offending

The website can be accessed at www.mhpod.gov.au online learning



Continuing Professional Development Information

All Learning Centre courses are eligible for continuing professional development points (CPD). Currently occupational therapists, psychologists and psychiatrist can self-assign their CPD points. For social workers and mental health nurses CPD points are allocated by professional associations. The allocation assigned for our courses are listed below.













eLearning Training Packages:

<p>Mental Health Act 2000</p> <p><i>eLearning training package 6 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing the Mental Health Act 2000 earns 6 ACMHN continuing professional education (CPE) points.</i></p>	
<p>Mental State Examination</p> <p><i>eLearning training package 6 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing Mental State Examination earns 6 ACMHN continuing professional education (CPE) points.</i></p>	
<p>Dual Diagnosis</p> <p><i>eLearning training package 6 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing Dual Diagnosis earns 6 ACMHN continuing professional education (CPE) points.</i></p>	
<p>Capacity Assessment</p> <p><i>eLearning training package 4 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing Capacity Assessment earns 4 ACMHN continuing professional education (CPE) points.</i></p>	
<p>An Introduction to the use of Sensory Approaches in Mental Health Care</p> <p><i>eLearning training package 2 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing An Introduction to the use of Sensory Approaches in Mental Health Care earns 2 ACMHN continuing professional education (CPE) points.</i></p>	
<p>Employment for People with a Mental Illness: Understanding the Individual Placement and Support Model</p> <p><i>eLearning training package 2 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing Employment for People with a Mental Illness: Understanding the Individual Placement and Support Model earns 2 ACMHN continuing professional education (CPE) points.</i></p>	
<p>Cognition in mental health and the impact on day-to-day functioning</p> <p><i>eLearning training package 2 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing Cognition in mental health and the impact on day-to-day functioning earns 2 ACMHN continuing professional education (CPE) points.</i></p>	


Accredited Courses:


<p>30907QLD Course in Administering a Mental State Examination</p> <p><i>1 Day Workshop 7.5 hours of active learning Nationally Accredited Course</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p><i>Completing the 30907QLD Course in Administering a Mental State Examination earns 7.5 ACMHN continuing professional education (CPE) points.</i></p>	
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Training Courses:

<p>Workshop QC2 Suicide Risk Assessment and Management</p> <p><i>1 Day Workshop 7.5 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Suicide Management Workshop earns 7.5 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC10 Case Management</p> <p><i>1 Day Workshop 7.5 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Case Management Workshop earns 7.5 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC11 Provide a Brief Intervention</p> <p><i>1 Day Workshop 7.5 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Provide a Brief Intervention Workshop earns 7.5 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC3 Mental Health Educator Development</p> <p><i>3 Day Workshop 22.5 hours of active learning</i></p>		
<p>Workshop QC8 Introduction to Supervision</p> <p><i>1 Day Workshop 7.5 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Introduction to Supervision Workshop earns 7.5 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC4 Supervisor - Level 1</p> <p><i>2 Day Workshop 15 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Supervisor - Level 1 Workshop earns 15 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC12 Supervising Supervisors - Level 1</p> <p><i>2 Day Workshop 14 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Supervising Supervisors - Level 1 Workshop earns 14 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC9 Critical Components of Risk assessment and Management - Level 1</p> <p><i>1 Day Workshop 7.5 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Critical Components of Risk Assessment and Management - Level 1 Workshop earns 7.5 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC14 Mental Health Assessment and Capacity</p> <p><i>2 Day Workshop 15 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Mental Health Assessment and Capacity Workshop earns 15 ACMHN continuing professional education (CPE) points.</p>	
<p>Workshop QC13 Capacity Assessment</p> <p><i>1/2 Day Workshop 4 hours of active learning</i></p>	 <p>the Australian College of Mental Health Nurses Inc.</p> <p>Completing the Capacity Assessment Workshop earns 4 ACMHN continuing professional education (CPE) points.</p>	

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 www.health.qld.gov.au/qcmhl/default.asp

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