



# 1-2-3 MAGIC<sup>®</sup> & EMOTION COACHING PARENTING COURSE

Anglicare CQ will be presenting a three-session program for parents and carers to help manage difficult behavior in children aged 2-12 years

**Venue:** Fitzroy Room, Rockhampton Regional Library, 230 Bolsover St  
**Date:** THREE Wednesday Evening Sessions 25<sup>th</sup> February, 4<sup>th</sup> March & 25<sup>th</sup> March  
**Time:** 5.30 – 8.00pm

## Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

## Registration:

Places are limited so register NOW by:

- contacting Anglicare CQ on 49301500 OR completing a registration form at [www.rockhamptonregion.qld.gov.au/Your\\_Community/Event\\_Calendar](http://www.rockhamptonregion.qld.gov.au/Your_Community/Event_Calendar)

## What people are saying?

*"What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!"*

*"I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control."*



*It is a requirement that parents/carers attend all three sessions. As the program is designed to be delivered to adults, please arrange to have children cared for while attending the program.*

**There is no charge for attending the program**

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- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective