Are you or someone you know seeking help for alcohol or drug misuse?

Creating Options Program

If you or someone you know are experiencing issues relating to alcohol or other drug use, the Creating Options Program can help.

The Creating Options Program delivers support for people requiring ongoing treatment to overcome or manage the harms associated with alcohol and other drugs. It is a voluntary outpatient service for individuals with multiple and complex needs. Such needs could include;

Mental health issues, such as;
- Trauma
- Depression
- Anxiety
- High Stress
- Other mental health concerns

Lifestyle and relationship issues such as;
- Homelessness
- Unstable income
- Unemployment
- Feeling isolated and alone

The program provides assessment, case management, therapeutic interventions, counselling, detox support, pyschoeducation, social skills training, relapse prevention and referral strategies. Creating Options is likely to be suitable if the combinations of problems you are experiencing are severely impacting on your day to day life.

Drug ARM Australasia

www.drugarm.com.au

P: 1300 656 800

AUDAX AT FIDELIS

Queensland Government

The Creating Options program is generously funded by the Queensland Government.

PLEASE CALL: (07) 3620 8880