



Dr Tracy Westerman's 2015 Training Workshops

Cultural Competency for Supervisors of Aboriginal People Mental Health Assessment of Aboriginal Clients Suicide Prevention in Aboriginal Communities

About Dr Tracy Westerman

Dr Westerman is a descendant of the Njamal people near Port Hedland, WA and holds a Post Graduate Diploma in Psychology, a Master's Degree and Doctor of Philosophy in Clinical Psychology (Curtin University). She has achieved national and international recognition for her innovative approaches to Aboriginal mental health, suicide prevention and for advancing the concept of cultural competency. To date, over 14,000 people have attended her training workshops Australia wide since 1998. Her passion for training people to work at a culturally competent level with Aboriginal people means that participants walk away with very practical skills grounded in the latest evidence base for effective practice.

Cultural Competency for Supervisors of Aboriginal People	Mental Health Assessment of Aboriginal Clients	Suicide Prevention in Aboriginal Communities
<p>THIS WORKSHOP HAS SOLD OUT IN EVERY LOCATION OVER THE PAST TWO YEARS</p>	<p>ONE OF THE MOST IN DEMAND WORKSHOPS IN AUSTRALIA - CONSISTENTLY SOLD OUT OVER THE PAST DECADE</p>	<p>A UNIQUE EVIDENCE BASED PROGRAM INTO SUICIDE IN ABORIGINAL COMMUNITIES</p>
<p>Perth: 29 & 30 July Adelaide: 4 & 5 August Cairns: 25 & 26 August</p>	<p>Darwin: 14 & 15 July Sydney: 18 & 19 August Geraldton: 15 & 16 September Port Augusta: 12 & 13 October Brisbane: 27 & 28 October Cairns: 23 & 24 November Adelaide 7 & 8 December</p>	<p>Darwin: 16 & 17 July Sydney: 20 & 21 August Geraldton: 17 & 18 September Port Augusta: 15 & 16 October Brisbane 29 & 30 October Cairns: 26 & 27 November Adelaide: 10 & 11 December</p>
<ul style="list-style-type: none"> • IPS has been at the forefront of research, development and delivery of cultural competency intervention programs since 1998. • This work has focused on clearly defining the skills, abilities and aptitudes that predict cultural competence. • This workshop is then able to go significantly beyond cultural awareness to ensure improvement in the cultural competencies of participants. <p>Dr Westerman in being highly trained in the field of psychology is then able to deliver the training in a way that results in behavioural, attitudinal and skills based improvements</p>	<p>This workshop has EVIDENCE of improving the Aboriginal Mental Health Cultural Competencies of participants</p> <ul style="list-style-type: none"> • Participants complete the Aboriginal Mental Health Cultural Competency Test as part of baseline pre training assessment. • Workshop includes ACCREDITATION in FOUR uniquely developed Aboriginal mental health-screening tools acknowledged as making a 'significant contribution to Aboriginal mental health' (Canadian Health, 2009). <p>Learn about the impact of culture on depression, post traumatic stress disorder, psychosis and self-harm.</p>	<p>This training is based on large scale (population) research of the different risk and protective factors that exist for suicidal behaviours in Aboriginal people. It is the ONLY program in Australia specifically developed for Aboriginal people and based upon on empirical evidence.</p> <ul style="list-style-type: none"> • Dr Westerman is a recognised world leader in Aboriginal suicide prevention. • Participants will walk away with a unique and practical understanding of how to engage effectively with suicidal Aboriginal clients; how to translate differences in the nature of Aboriginal suicide into effective intervention risk assessment & more.

Registration Type	Early Bird Registration - 8 weeks prior		Standard Registration	
	With Payment	Without Payment	With Payment	Without Payment
Cultural Competency	\$1,750	\$1,800	\$1,850	\$1,900
Mental Health Assessment	\$1,800	\$1,850	\$1,850	\$1,900
Suicide Prevention	\$1,300	\$1,350	\$1,350	\$1,400
MHA & SP Combined	\$2,725	\$2,775	\$2,775	\$2,825

DISCOUNTED EARLY BIRD RATE CLOSSES 8 WEEKS PRIOR TO WORKSHOP

All workshops include Cultural Competency Testing and Analysis; Morning tea, lunch & afternoon tea provided; Extensive (180+ page) workbook; and Pre-reading material.

For more information contact IPS: T: 08 9362 2036 E: ips@ips.iinet.net.au W: indigenousspsychservices.com.au

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