# POSITION DESCRIPTION

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| POSITION TITLE | Psychologist Healthy Minds Program |
| **LOCATION** | Central Queensland |
| **CLASSIFICATION** | Level 7  *Social, Community, Home Care & Disability Services Industry Award* |
| **STATUS** | 6 Month Contract |
| **SUPERVISED BY** | Mental Health Programs Coordinator |
| **HOURS OF EMPLOYMENT** | 38 hrs |

### Organisation Information

### Anglicare Central Queenslandexists to assist individuals, families and communitiesto live life to their fullest potential. Our values are: Hope, Service, Healing, Compassion, and Social Justice.

Anglicare Central Queensland (AnglicareCQ) is a not-for-profit organisation providing a range of services to individuals and communities throughout Central Queensland. Our primary role is to respond to the needs of those who are vulnerable and/or disadvantaged. Our services help many groups including - children, young people, Indigenous people, families, couples, men and women - in a range of ways from crisis intervention through to counselling and relationship education. We also provide support services for people at risk of homelessness, families and young people in crisis, people with a mental illness and people with a disability – supporting connections with family, culture and community.

AnglicareCQ provides services in a region covering 600,000 square kilometres with offices in Rockhampton, Gladstone, Biloela, Moura, Blackwater, Emerald, Barcaldine, Longreach and Winton. Service delivery is overseen by General Manager Service Delivery and Community Services Manager.

### Position Summary

The Psychologist is responsible for ensuring participants access to professional assessments, provision of advice and professional supervision of Wellbeing Facilitators. The psychologist in conjunction with the Programs Manager is responsible for ensuring high quality practice that aligns with Recovery and Strengths Based Practice Models and for the development of localised innovative telehealth initiatives.

The Psychologist is a senior member of the Healthy Minds Team which has services located in Rockhampton, Gladstone, Biloela, Emerald and Longreach. Wellbeing Facilitators are responsible for providing direct support to people aged 18 – 64 years with a lived experience of mental illness who experience severe and persistent mental illness. The Psychologist in conjunction with the Mental Health Programs Coordinator and Healthy Minds Team Leader will provide a safe, culturally sensitive supported practice environment that values people experiencing severe and persistent mental illness and their carers. The program offers a range of activities including but not limited to development of support plans, referrals, coaching and life skill development, assisting with development of life and living skills, supporting people to restore, maintain, or develop relationships with family, friends and community. Facilitators will also work with families and carers, government, other non-government organisations, health and community services to support people’s connection to community and services. Wellbeing Facilitators will also develop and implement group activities aimed to facilitate individuals and family’s wellbeing and connection to community.

**Reporting Requirements**

The Psychologist is accountable to the Mental Health Programs Coordinator and works closely with the Healthy Minds team and other AnglicareCQ Mental Health program areas. The Psychologist will communicate regularly with local/ centre based AnglicareCQ Management and work within a multi program and team environment.

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| **Tasks and Responsibilities** |
| Provide professional supervision to Wellbeing Facilitators employed in Healthy Minds Program |
| Conduct clinical assessments and/ or facilitate access to clinical assessments for people with a lived experience of mental illness |
| Provide direct support to a small number of people with a lived experience of mental illness and their formal and informal carers |
| Participate in the development, delivery and evaluation of groups (DBT and facilitated groups) for people with lived experience of mental illness and their formal and informal carers |
| Provide indirect support (via the Wellbeing Facilitators) to people with a lived experience of mental illness and their formal and informal carers |
| Assist Program Coordinator and Healthy Minds Team Leader in delivery of high quality strength based and recovery focused practice |
| Assist staff develop internal and external partnerships, with good communication flow and clear referral pathways |
| Completion of file and other reporting and data collection requirements |
| Update own skills and abilities through personal and professional development |
| Reporting to Mental Health Program Coordinator |
| **Participation** |
| Contribute as a pro-active and effective team member offering assistance and support |
| Attend and actively participate in team meetings |
| Contribute to the development of organisation mental health services |
| Capacity to travel for outreach and attendance at AnglicareCQ internal meetings and training. |
| Support and adhere to relevant AnglicareCQ policies and procedures |
| Alignment of own personal behaviour with the organisational purpose, values and goals |
| Support and contribute to the development and maintenance of a healthy, creative and supportive working environment |
| **Skills and Abilities** |
| Excellent communication skills (verbal and written) |
| Ability to provide high level professional supervision |
| Ability to provide clinical assessments accompanied by documented reports in accord APA standards, and assist to design and implement support plans |
| Computer literacy (familiar with the Microsoft Office programs and relevant data bases) |
| Familiarity with videoconferencing and alternate technologies to communicate and liaise with staff, people with a lived experience of mental illness and their carers |
| Ability to prioritise and manage multiple tasks |
| Ability to work as part of a team |
| Highly organised |
| Problem solving and conflict resolution/negotiation skills |
| **Attributes** |
| Enthusiastic and motivated |
| Attention to detail |
| Punctual |
| Shows initiative, self directed |
| Honest with integrity |
| Leads and participates well in teams |

**Deliverable Outcomes**

* All Wellbeing Facilitators receive regular and quality professional supervision
* Systems and processes are developed and maintained to ensure high quality service delivery in line with Recovery and Strength Based Practice Principles and approaches
* Innovation in service delivery across a large geographical area

**Qualifications and Experience**

* Registered Psychologist with Australian Psychology Accreditation council
* Previous experience in similar role is highly desirable.
* Understanding of Recovery Based Approach and Strengths Based Practice is essential.
* Experience providing staff professional supervision

### Other Requirements of the Position

* Must hold a current Queensland Open Driver’s licence [or licence recognised by Australian laws]
* Must have proof of current eligibility to work in Australia [Visa holders]
* The appointee to this position will be required to complete a six (6) month period of probation
* As part of Anglicare Central Queensland’s employment screening process, preferred applicants will be subjected to an employment ‘suitability check’ with the Commission for Children and Young People and Child Guardian. Further details regarding this check may be obtained by accessing the web site of the Commission for Children and Young People and Child Guardian at the following internet address: <http://www.bluecard.qld.gov.au/>

*Anglicare Central Queensland is an equal opportunity employer encouraging individuals from diverse backgrounds and cultures to apply.*

**Key Selection Criteria**

1. Demonstrated ability to work effectively with families, individuals with a lived experience of mental illness
2. Demonstrated experience in providing clinical assessments and reports
3. Highly developed verbal and written communication and interpersonal skills
4. Demonstrated ability to provide professional supervision to a small group of staff
5. Ability to develop quality programs and practice using creative and innovative processes
6. Understanding of the Queensland Mental Health Act 2000, as well as relevant laws and legislation.