

WORK SKILLS TRAINING

headspace Rockhampton are proud to be partnering with National Joblink over the coming months to deliver a work skills program in the region.

National Joblink (NJL) have been successful in gaining funding for our NJL Work Skills Program, 4 x 2 week programs in total catering for 60 participants, funded through Skilling Queenslanders for Work– Ready for Work for Rockhampton. NJL have partnered with headspace Rockhampton in the delivery of the NJL Work Skills Program where headspace will assist with guest speaking around mental health and advocacy support where needed to address mental health. The first program will also be delivered at headspace Rockhampton starting on the 2nd of May to the 13th of May.

Our Aim is to provide opportunities within our centre for young people to build skills, promote wellbeing and develop personal goals as they transition from school, and unemployment.

We know that employment, training and wellbeing go hand in hand so we will strive to provide a stable level platform in which to do both.

NJL work Skills Program is designed to cater for 15 -24 year olds who need assistance in understanding how and where to look for work, as well as covering a wide range of topics over the 2 weeks including:

- **Designing Resume and job applications - basic word processing training**
- **Learning more about my own interests and what work would suit me!**
- **searching and applying for Jobs**
- **The hidden job market –how to get connected**
- **Understand selection criteria and how to answer them**
- **Employer Guest speakers**
- **Mental health speaker building resilience and dealing with knockbacks.**
- **Developing employability skills**
- **Recognising opportunities**
- **Diversity in the workplace and understanding workplace culture**
- **Understanding employment contracts**
- **Tax file numbers – what for and how to get one.**
- **NJL will also assist with marketing suitable participants into employment in the local region.**

The program has been designed to be fun and engaging with an employer guest speakers from a range of different industries that will speak of their employment experiences and what they look for in a new employee.

The first two week block will commence on 2nd May

For further information and to register please contact

- [headspace Rockhampton 07 4921 9800](tel:0749219800)
- [National JobLink Clare on 0448 022 356](tel:0448022356)

Skilling Queenslanders for Work projects are funded and supported by the Queensland Government

