



Playgroup and Workshop Sessions start times are generally 9.30am

Housing & Accommodation Appointments available Monday – Friday during business hours

So contact the GTO Office on 4922 7236 for further info on programs and how you can get involved.

S	Monday	Tuesday	Wednesday	Thursday	Friday	S
	<b>JULY 2016</b>				<b>1</b> <b>Young Mums Group</b> S1: Outside play S2: Donations <i>*Centrelink (Leah)</i>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b> <b>Me Myself &amp; I Workshop</b> Jewellery Making	<b>6</b>	<b>7</b>	<b>8</b> <b>Young Mums Group</b> S1: Music and Movement S2: Info & Activity Sessions	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> <b>Me Myself &amp; I Workshop</b> Body Shop	<b>13</b>	<b>14</b>	<b>15</b> <b>Young Mums Group</b> S1: Cooking on a budget S2: Body Shop (Body Care)	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b> <b>Me Myself &amp; I Workshop</b> Pro- makeup session	<b>20</b>	<b>21</b>	<b>22</b> <b>Young Mums Group</b> S1: Music & Movement S2: Learn to knit <i>*Centrelink (Leah)</i>	<b>23</b>
<b>24</b>	<b>25</b>	<b>26</b> <b>Me Myself &amp; I Workshop</b> Paper Jewellery	<b>27</b> <b>Young Empowered Parents Program (YEP)</b> S1: Self-Reflection S2: Personal hygiene & self-care	<b>28</b> <b>(YEP) group</b> S1: All about house (P1) S2: All about house (P2)	<b>29</b> <b>Young Mums Group</b> S1: Music & Movement S2: Creating wind chimes & kids' mobiles <i>*Centrelink (Leah)</i>	<b>30</b>
<b>31</b>	<b>1</b> <b>AUGUST 2016</b>	<b>2</b> <b>Me Myself &amp; I Workshop</b> Free Creative Day	<b>3</b> <b>(YEP) group</b> <i>Circle of Security</i> S1: Welcome to Circle of Security (1) S2: Exploring our Children's needs all around the Circle (2)	<b>11</b> <b>(YEP) group</b> S1: Personal Health S2: Personal Health <i>Yimba Yaddabah (1)</i>	<b>5</b> <b>Young Mums Group</b> S1: Music & Movement S2: Painting with kids <i>*Centrelink (Leah)</i>	<b>6</b>
<b>7</b>	<b>8</b> <b>SHINE Program</b>	<b>11</b> <b>Me Myself &amp; I Workshop</b> Mason Jar succulents	<b>10</b> <b>(YEP) group</b> <i>Circle of Security</i> S1: "Being with" on the Circle (3) S2: Being with Infants (4)	<b>11</b> <b>(YEP) group</b> S1: Personal Fitness S2: Personal Fitness <i>Yimba Yaddabah (2)</i>	<b>12</b> <b>Young Mums Group</b> Day Out @ Appleton Park	<b>13</b>
<b>14</b>	<b>15</b> <b>SHINE Program</b>	<b>16</b> <b>Me Myself &amp; I Workshop</b> Body Shop	<b>17</b> <b>(YEP) group</b> <i>Circle of Security</i> S1: The Path to Security (5) S2: Exploring our struggles (6) <i>Yimba Yaddabah (3)</i>	<b>18</b> <b>(YEP) group</b> S1: Personal Safety S2: Relationships <i>Yimba Yaddabah (3)</i>	<b>19</b> <b>Young Mums Group</b> S1: Music & Movement S2: Pamper Day (Foot scrubs & makeup) <i>*Centrelink (Leah)</i>	<b>20</b>
<b>21</b>	<b>22</b> <b>SHINE Program</b>	<b>23</b> <b>Me Myself &amp; I Workshop</b> Creating paper beads	<b>24</b> <b>(YEP) group</b> <i>Circle of Security</i> S1: Rupture and Repair in Relationships (7) S2: Summary and Celebration (8) <i>Yimba Yaddabah (4)</i>	<b>25</b> <b>(YEP) group</b> S1: Appropriate Etiquette S2: Pampering Inside and Out <i>Yimba Yaddabah (4)</i>	<b>26</b> <b>Young Mums Group</b> S1: Music & Movement S2: Creating mobiles & wood chimes <i>*Centrelink (Leah)</i>	<b>27</b>
<b>28</b>	<b>29</b>	<b>30</b> <b>Me Myself &amp; I Workshop</b> Free Creative Day	<b>31</b> <b>(YEP) group</b> S1: The Shopping experience <i>Yimba Yaddabah (5)</i>			
	<b>SEPTEMBER 2016</b>			<b>1</b> <b>(YEP) group</b> S1: Financial Info & Advice S2: Budgeting & Daily spending	<b>2</b> <b>Young Mums Group</b> S1: Music & Movement S2: Button craft activities <i>*Centrelink (Leah)</i>	<b>3</b>
<b>4</b>	<b>5</b>	<b>6</b> <b>Me Myself &amp; I Workshop</b> Pamper Day	<b>7</b> <b>(YEP) group</b> The Shopping experience <i>Yimba Yaddabah (6)</i>	<b>8</b> <b>(YEP) group</b> S1: Baby Health Checks/Milestones S2: All baby- Health & hygiene	<b>9</b> <b>Young Mums Group</b> S1: Music & Movement S2: Painting with kids	<b>10</b>
<b>11</b>	<b>12</b>	<b>13</b> <b>Me Myself &amp; I Workshop</b> Body Shop	<b>14</b> <b>(YEP) group</b> The Shopping experience <i>Yimba Yaddabah (7)</i>	<b>15</b> <b>(YEP) group</b> S1: Safe Play- Low Cost Family activities S2: Everyday Baby Bag	<b>16</b> <b>Young Mums Group</b> S1: Music & Movement S2: Body Shop (Facial care) <i>*Centrelink (Leah)</i>	<b>17</b>
<b>18</b>	<b>19</b>	<b>20</b> <b>Me Myself &amp; I Workshop</b> Paper Creations	<b>21</b> <b>(YEP) group</b> S1: 'Bubb and Me' craft Activity <i>Yimba Yaddabah (8)</i>	<b>22</b> <b>(YEP) group</b> S1: Music & Movement S2: 'Walkablock' Activity	<b>23</b> <b>Young Mums Group</b> S1: Music & Movement S2: Craft Activities <i>*Centrelink (Leah)</i>	<b>24</b>
<b>25</b>	<b>26</b>	<b>27</b> <b>Me Myself &amp; I Workshop</b> Free Creative Day	<b>28</b> <b>(YEP) group</b> Catch up session	<b>29</b> <b>(YEP) group</b> Catch up session	<b>30</b> <b>Young Mums Group</b> S1: Music & Movement S2: Photo Memorabilia <i>*Centrelink (Leah)</i>	