



World Suicide Prevention Day

recovery

reflection

hope

prevention

Save the date

Friday : - 9th September 2016 5.30am—7.00am

Assemble at South Rockhampton Swimming Pool Car Park

Register at the website: **Out of the Shadows Homepage > Find a walk near you > and follow the prompts for registration**

Support your community and commitment to preventing suicide in our community and remember those lost to suicide by joining us in this walk. This event is designed to help raise awareness around suicide. We will be planting a tree of remembrance beside the river and concluding with a BBQ breakfast.



Email: cqcsn@gmail.com