

HELPING MY CHILD COPE WITH CHANGE

A Workshop For Parents

**Date: Monday 12 September
2016**

Time: 12.15pm – 2.15pm

**Address: Umbrella Network,
254 Eldon Street
Rockhampton, QLD 4700**

**REGISTER ONLINE
[HERE!](#)**



DOES YOUR CHILD HAVE AUTISM?

Do you want help with preparing
your child for change?

How Early Days can help you?

Early Days provides workshops for mothers, fathers and other family carers of children under 7 years who have an Autism Spectrum Disorder (ASD) or are going through the assessment and diagnosis process.

What can this Early Days Workshop offer you?

Change is challenging for all children on the autism spectrum. During this workshop participants will look at why change is challenging, and how it impacts on the behaviour of young children. Strategies for preparing the child for the changes everyday life brings will be shared during this short workshop.

- Changes within the family structure
- A new baby
- Moving house
- Going to childcare or starting school
- Celebrations e.g. Christmas
- Everyday changes such as new shoes, new clothes, painting their bedroom.

More about Early Days Workshops

- Free of charge to attend
- Workshops are held in small groups of 4-15 and give you the chance to meet other parents
- Light refreshments provided
- Childcare is not provided
- Other workshops available by Early Days are *My Child and Autism, Understanding Behaviour, Encouraging Early Interactions, Progression to School, Tips for Everyday Life Skills, Play & Social.*