



# headspace

National Youth Mental Health Foundation



# headspace day

## #headspaceday

headspace National Youth Mental Health Foundation is funded by the Australian Government department of Health

Because every young person should have access to mental health services

The inaugural **headspace day** will take place on 11 October, with the overarching theme of **Access All Areas**. In support of young people with mental health issues, this national day of awareness is about ensuring every young person in Australia has access to youth friendly, mental health services no matter where they live.

### When

Tuesday the 11th of October 2016—10:30 am until 12:30pm

### Where

headspace Rockhampton 155A Alma Street , Rockhampton 4701

### Contact

Bring along your spare change (\$3.00) for a coffee in support of our Alternative Learning Space . For more info or to RSVP call headspace on 49219800 or email [admin@headspacerockhampton.com.au](mailto:admin@headspacerockhampton.com.au)